



P.E. Expectations

Dear Parents,

This year we have been given extra money by the government to deliver high quality physical Education (P.E.) at Boroughbridge Primary School. We are writing to you to renew our expectations regarding P.E.

Physical Education develops pupils' physical competence and confidence and their ability to use these to perform in a range of activities. It promotes skilfulness, physical development and knowledge of the body in action. Physical Education provides opportunities for pupils to be creative, competitive, cooperative and face up to different challenges as individuals and in groups and teams. It promotes positive attitudes toward healthy and active lifestyles.

PE Kit

Pupils are expected to bring their own kit to each physical education lesson. The agreed PE kit is listed below:

- White t-shirt
- Navy Blue shorts/skirts
- White socks
- Trainers/pumps

If cold, children may also wish to bring a jogging bottoms and a warm sweater.

When pupils are taking part in off-site activities they are expected to wear the appropriate clothing in accordance with the sport and facility. Teachers will provide guidance where necessary.

For swimming children will need:

- Swimming trunks/costume
- Towel
- Swimming cap
- Goggles (optional)

Pupils are expected to bring PE kit in on a Monday and take it home on a Friday to be cleaned. If a pupil is unfit to participate in a PE lesson they are still expected to bring and change into, PE kit. However a note from their parent/guardian will allow them to participate in an appropriate role, be it as coach, scorer, umpire/referee or peer evaluation. The only occasions on which pupils will be excused participation in lessons are situations such as a pupil in plaster with a broken limb.

Pupils who fail to bring the correct PE kit will be given a verbal warning in the first instance; on the second occasion they will be put onto amber; a third occasion will warrant a letter being sent home to their parent(s).

If you are having any trouble sourcing P.E. Kit please speak to your child's class teacher and they will be happy to help.

Jewellery and Hair

All jewellery, including earrings, should be removed prior to the P.E. lesson. If children cannot remove jewellery themselves, it should be removed before school.

If hair is longer than shoulder length, it should be tied up with a hair band/bobble. If the child forgets to bring one, a suitable substitute will be given by their class teacher.

Sporting Competitions

As a school we are trying to participate in as many sporting competitions as we can, to: foster a love for playing sport, respect for others and build personal resilience. Most of the competitions we enter are based around the Boroughbridge cluster. These are Level 1 events and we compete against other local schools in and around Boroughbridge. The children participating at these events have the opportunity to qualify for a Level 2 event. The level 2 events are usually based in Northallerton or Thirsk and the children will be competing against other children who have qualified from their own clusters. Finally, if the children successfully qualify at these events, they qualify for the Level 3 events, which is Yorkshire-wide and is the highest level primary school aged children can compete at.